

I. Organization Background Information

Name of Organization:

Fundación Santa María de los Angeles, Inc

Mission Statement:

Please limit to 1000 characters. Please be aware that your content may be truncated if you are pasting from another source.

Our mission is to help rebuild the mental health of our people.

To accomplish our goal, among other things, we offer support, assistance and psychological services to children, youngsters and adults, from low income families.

In short, since the government does not have the funds nor the capacity to do so, we are attacking one of the biggest and most extensive ailments affecting our society today.

Mental illness. Even though, many Puerto Ricans have been suffering from mental disorders for many years, it was Hurricanes Irma and Maria who brought this issue to the forefront. At its peak, hurricane Maria caused catastrophic physical destruction and propelled our stress, loneliness, depression, anxiety, suicidal thoughts and other disorders to the highest levels. Our commitment is to be able to help those in need, in the early stages of their life. We know, If we help many of our citizens achieve good health, we will be empowering our most precious resource. Our own people.

Overview of Organization:

Please limit to 2500 characters. Please be aware that your content may be truncated if you are pasting from another source.

Fundación Santa María de los Ángeles, originated in 1997, is a non profit organization, dedicated to help and benefit low income children and youngter, and their families, who need assistance with mental health problems.

For the last twenty years, we have become an important hub for Mental Health services to this population.

At the beginning, we came into being as a substitute home for girls who became pregnant, offering them, not only shelter, but also food, medicines, first aid articles and medical attention, for them and their offspring. Later on, we expanded our services and reach to include psychological therapy treatments, a center to educate in the prevention of the mental disorders and another center to help in the development of new professionals in the Mental Health community.

We offer workshops and seminars on site, as well on the rode, in schools, public residences, and community centers, on issues, such as depression, suicides, crisis management, sexual abuse, bullying, gender violence, self esteem, anguish and other disorders. We assist an aid children and teenagers, from 6 to 13 years old, and adults, 18 years and older, including parents and grandparents.

Last year, with both early treatments and psychological sessionand workshops, we were able to impact more than nine thousand individual people and more than 90 families, in different communities. Our principles resource and strength lies in the quality and capacity of our staff, composed by a highly trained group of psychology doctors and 15 students in their last years of doctoral practice.

To assure the quality of our services, we have signed consultancy and understanding agreements with two of our most prominent universities. Carlos Albizu and Universidad Interamericana.

Website:

www.fundacionsantamariapr.org

II. Proposal Contacts - Please enter information for the Primary and Secondary Proposal Contacts

Primary Contact

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Last Name

Benítez

Title

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III. Proposal Information

Proposal Title:

Lets Rebuild the Mental Health of our People

Support Request (check all that apply):

Investment/Grant

Requested Dollar Amount:

\$100,000

Please list other Significant Partners in the Proposal:

Fundación Comunitaria de Puerto Rico

Proposal Description:

Please limit to 2500 characters. Please be aware that your content may be truncated if you are pasting from another source.

Facts:

The state of our collective Mental Health is in crisis.

As said before, even though the Mental Health problems and ailments of many of our citizens have been pursuing us, for many years, it was not after Hurricanes Irma and Maria, in September 2017- that many Puerto Ricans felt the pressure and force of the disorders. At least one in every ten Puerto Ricans has suffered from anxiety, mood disorders and depression.

Puerto Rico is the third jurisdiction with more mental problems, under the American flag.

In the aftermath of the hurricanes, Post Traumatic Disorders jumped to the highest levels.

Suicide rates went up 16 per cent.

The island's long recession plus the devastation caused by the storms forced thousands of Puerto Ricans to flee the Island, separating families and causing more distress.

So this is where we come in.

To facilitate and lead the reconstruction of our minds, we created the program "Reconstruyamos la Salud Mental de nuestro pueblo" (Let's Rebuild the Mental Health of Our People)

We want to heal, mitigate and address the mental disorders assailing a good number of our population. And for this, we are asking for a grant of \$100,000.

With this allotment, we would contract psychology doctors, specialist and social workers, who would assist us in offering more workshops, seminars and therapy sessions to more people and better and extensive much needed services. We would be able to expand our operational capacities. We would also be able to take our programs to more public schools and low income public housing projects, where they are badly needed, right now. This way, we would be helping to preserve for our people their unalienable right to life, liberty and the pursuit of happiness, which we all cherish.

* Ver anejo con desglose de gastos

Issues Addressed (check all that apply):

Community Services and Facilities, Disaster Relief, Other

If you selected "other" above, please describe.

Other issues addressed.

Resiliency

Maria devastated Puerto Rico

We lost more than 30 million trees

More than four thousand people died because they could not get in time to a hospital or clinic

More than 30,000 lost the roofs of their small, humble, houses

For weeks, the whole Island lost communications, with the rest of the world.

But all of these calamities can and will be overcome with determination, work and passion.

Mental illnesses can not.

That is why we want to help and ask for you to join us.

If your project affects multiple states or counties, please use the CTRL key to multi-select.

Geographic Impact

County-wide

U.S. States & Territories:

Puerto Rico

Population Served:

Please limit to 500 characters. Please be aware that your content may be truncated if you are pasting from another source.

We serve the poor. People who can not afford to pay for the services they need. They live all over the Island and are children, youngsters, adults, many from broken or single parent families. We reach them in the public schools, public housings and through referrals

Population Income by Area Median Income (AMI) and other identifiers (percentage of Free and Reduced Lunch for youth or designated "Disaster Area" or designated "Distressed or Underserved" served by proposal:

- Over 90 per cent are under the local levels of poverty
- 40 per cent are single mothers, with an income of less than \$600 a month
- They live in public housing projects or in slum areas
- Many of them receive food stamps

Anticipated Outcomes/Impact:

Please limit to 2000 characters. Please be aware that your content may be truncated if you are pasting from another source.

The grant will allow us to design new programs, retool current ones and help a good portion of the many citizens who suffer the effects of the mental disorders that are incapacitating them from enjoying life to the fullest. A sick society can not get on its feet. We believe we can help them regain their health and well-being, impacting as many as over eight thousand, so that they can contribute also to the betterment of Puerto Rico.

Describe evaluation methods used to measure success:

Please limit to 2000 characters. Please be aware that your content may be truncated if you are pasting from another source.

We use metrics validated by the Psychology Association
In the workshops we use pre testing and post testing to test and identify levels of knowledge and progress
In the Therapy sessions, we use psychoanalysis and psycho-educational proven methods to measure results.

Project time frame - Is your request for an existing or new program?

Existing Program

IV. Submit Supporting Documentation - Please attach your most recent audited or reviewed financials in PDF format to this proposal application. Your proposal application will be considered incomplete until the appropriate financial documentation is provided. By submitting a proposal application you agree to share with the Federal Reserve information regarding connections that were made with funders regarding the proposal or other work your organization conducts that was identified by a funder that used the Investment Connection platform. After you submit a proposal application, we will follow up with you to see if Investment Connection was helpful with your informational and business needs.

Upload your most recent audited or reviewed financials

(for internal uses only)

Estado Financiero 2018 Auditado.pdf

V. Other Supporting Documentation - You may submit a photo (jpeg) and/or a video (mp3 or mp4) that helps describe your proposal. (information available to funders)

Upload a picture or video that helps describe your proposal or organization

(information available to funders)

Upload additional picture or video

(information available to funders)

Add any additional links to supporting documentation

(information available to funders)

* Breakdown of expenses to bring about project" Reconstruyendo la Salud Mental de nuestro Pueblo" Total: \$ 100,000.

Trainings programs: 500 workshops and seminars in public schools, public housings and care centers, \$ 100 each, = \$ 50,000.

Clinical Supervision and Clinical Training- 475 hours, at \$ 50 an hour \$ 50.00ph = \$ 23,750.

Auxiliary Services - Maintenance, physical facilities, therapy areas, etc.- \$8.00ph = \$ 15,000.

Professional accounting and audit services: = \$ 6,300.

Materials and additional equipment: = \$ 4,950.

VI. Disclaimer - The Federal Reserve Banks do not endorse or make any representations as to the propriety or suitability of organizations, investments or programs listed. Organizations should perform their own due diligence before engaging in any transactions with these entities to ensure that any such transactions meet the organization's objectives.